

GOURMAND AWARDS 2013 – ALBANIA

The next Gourmand World Cookbook Awards ceremonies for the “Best in the World” will take place in China during the Beijing Cookbook Fair, 19-21 May, 2014, with the support of the City of Beijing and its southern Daxing District.

1 – BEST AUTHORS AND CHEFS

TV – English

Kuzhinë Mesdhetare Aromë dhe Shije - Katerina Gremo, Mirela Vasili - Mali Peshti

3 – WORLD CUISINE

Mediterranean cuisine

Kuzhinë Mesdhetare Aromë dhe Shije - Katerina Gremo, Mirela Vasili - Mali Peshti

4 – LIFESTYLE, BODY AND SOUL

Health & nutrition

Psikologjia e Ushqyerjes - Prof. Asc. Sazan Guri - Gjeoshkence GGG

Food writing

Psikologjia e Ushqyerjes - Prof. Asc. Sazan Guri - Gjeoshkence GGG

5 – SUBJECTS

Easy recipes

Shija e Traditës - Libër Kuzhine - Roza Pasko, Anita Pilika - Vllamasi

Vegetarian

Psikologjia e Ushqyerjes - Prof. Asc. Sazan Guri - Gjeoshkence GGG

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